

# April SPIN SCHEDULE

	M	T	W	Th	F		Sat
5:00 AM	Rogerick		Rogerick		David		<b>8:15 AM</b> Instructor Rotation
8:45 AM	Angie		Kaitlyn		Angie		
12:00		<b>Circuit Spin 30 Amy</b>		<b>Circuit Spin 30 Cammie</b>			
4:30 PM	Owenne						
5:30 PM	David	Owenne	Amy				

# April AQUA SCHEDULE

	M	T	W	Th	F		Sat	Sun
6:00 AM	Aqua Fit Jennifer						<b>9:30 AM</b> Aqua Fit Instructor Rotation	<b>2:00 PM</b> Deep Water Running Jennifer
8:15 AM		Deep Water Running Rob		Deep Water Running Rob				
8:30 AM	Deep Water Amy							
9:15 AM		Deep Water Running Rob		Deep Water Running Rob				
9:30 AM	Aqua Fit Julia		Aqua Fit Julia		Deep Water Amy			
10:30 AM	Aqua Sculpt Julia	Aqua Fit Julia	Aqua Fit Julia		Arthritic Water Julia			
5:30 PM		Aqua Zumba						
6:00 PM	Deep Water Running Jennifer			Deep Water Running Jennifer				

