

April **SPIN** SCHEDULE

	M	T	W	Th	F	Sat
5:00 AM	Rogerick		Rogerick		David	8:30 AM Instructor Rotation
8:45 AM	Angie		Angie		Cammie	
4:30 PM	Owenne			Owenne		
5:30 PM	Lee		Lee			

April **AQUA** SCHEDULE

	M	T	W	Th	F	Sat	Sun
8:30 AM	DWR Amy	DWR Jennifer	DWR Amy	DWR Amy		9:30 AM Aqua Rotation Instructor Rotation	2:00 PM DWR Jennifer
9:30 AM	Aqua Fit Amy	DWR Jennifer		DWR Amy	DWR Rob		
10:30 AM		Aqua Fit Julia	Aqua Fit Julia	Aqua Fit Julia	Arthritic Water Julia		
5:45 pm	Aqua Fit Jennifer			DWR Jennifer			

April **BARRE** SCHEDULE

*space limited/please sign up on our app

	M	T	W	Th	F
6:00 AM		Abbey (Group EX Room)		Abbey	
8:45 AM			Kaitlyn		Kaitlyn

