

Group Exercise Schedule 2017

Aqua Fitness Classes

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	8:30AM Deep Water Running Amy	8:15AM Deep Water Running Jodie		8:15AM Deep Water Running Jodie		
	9:30AM Aqua Fit Amy	9:15AM Deep Water Running Jodie	9:30AM Aqua Fit Julia	9:15AM Deep Water Running Jodie	9:30AM Aqua Zumba Joanne	9:30AM Aqua Fit Rotation
	10:30AM Aqua Sculpt Julia	10:00AM Aqua Fit Julia	10:30AM Aqua Fit Julia			
			4:45PM Aqua Fit Nanci			
	6:00PM Aqua Fit Amy	5:45 Aqua Fit Teresa		5:45 Aqua Fit Teresa		