

## MHPTC PERFORMANCE FIT BOOTCAMP NO GIMMICKS. NO SHORT CUTS. NO MAGIC.

Just YOU - on YOUR journey. Built on hard work and YOUR BEST YOU!

- + Burn Calories
- + Build Lean Muscle
- + Lose Fat
- + ALL Fitness Levels
  Accommodated

**Member: \$340** 

Non Member: \$475

## **AUGUST 13TH - NOVEMBER 2ND**

M-TU-TH-F

**5AM 6AM \*9AM (WOMENS ONLY OPTION)** 

M-TU-W-TH-F

M - TU - W -TH

12 PM

5:45 PM

SAT.

8:30 AM

Forget before, there is no AFTER... start your JOURNEY with us.

K SLAY
601.486.3788
KSLAY@HEALTHPLEXPERFORMANCE.COM

