

# Lap Pool Schedule

Start Time: 4:30 AM Time Interval: 60 (in minutes)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
4:30 AM	<b>Pool Opens at 4:30 AM 6 Lanes Open</b>									
5:30 AM	6 Lanes Open	6 Lanes Open		6 Lanes Open	6 Lanes Open					
6:30 AM										
7:30 AM		Deep Water Running at <b>8:30 AM - 9:30 AM</b> 3 Lanes Available	Deep Water Running at <b>8:30 AM - 9:30 AM</b> 3 Lanes Available	Deep Water Running at <b>8:30 AM - 9:30 AM</b> 3 Lanes Available					<b>Pool Opens at 7:00 AM 6 Lanes Available</b>	
8:30 AM	Deep Water Running at <b>8:30 AM - 9:30 AM</b> 3 Lanes Available					6 Lanes Open				
9:30 AM	6 Lanes Open	Deep Water Running at <b>9:15 AM - 10:30 AM</b> 3 Lanes Available	6 Lanes Open	Deep Water Running at <b>9:30 AM - 10:30 AM</b> 3 Lanes Available	Deep Water Running at <b>9:30 AM - 10:30 AM</b> 3 Lanes Available					
10:30 AM									<b>Pool Opens at 10:00 AM 6 Lanes Available</b>	
11:30 AM				6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Available	
12:30 PM										
1:30 PM										
2:30 PM							6 Lanes Available			
3:30 PM										
4:30 PM						<b>Pool Closes at 4:45 PM</b>	<b>Pool Closes at 4:45 PM</b>			
5:30 PM				Deep Water Running at <b>5:45 PM - 6:45 PM</b> 3 Lanes Available						
6:30 PM										
7:30 PM	<b>Pool Closes at 8:45 PM</b>									

Lap Pool is reserved for lap swimming ONLY. No Family Swim during this time. Only ONE person per lane \*limit to one hour