

## March **SPIN** SCHEDULE

	M	T	W	Th	F		Sat
5:00 AM	Rogerick		Rogerick		David		<b>8:30 AM</b> Instructor Rotation
8:45 AM	Angie		Angie		Cammie		
4:30 PM	Owenne			Owenne			
5:30 PM	Lee		Lee				

## March **AQUA** SCHEDULE

	M	T	W	Th	F		Sat	Sun
8:30 AM	DWR Amy	DWR Jennifer	DWR Amy	DWR Amy			<b>9:30 AM</b> Aqua Rotation <i>Instructor Rotation</i>	<b>2:00 PM</b> DWR Jennifer
9:30 AM	Aqua Fit Amy	DWR Jennifer		DWR Amy	DWR Rob			
10:30 AM		Aqua Fit Julia <b>new!</b>	Aqua Fit Julia	Aqua Fit Julia <b>new!</b>	Arthritic Water Julia			
5:45 pm	Aqua Fit Jennifer			DWR Jennifer				

## March **BARRE** SCHEDULE

	M	T	W	Th	F
6:00 AM		Abbey (Group EX Room)		Abbey	
8:45 AM	Rebecca		Kaitlyn		Kaitlyn

**\*Due to Covid-19 Guidelines, participants are limited to 10 in the  
Barre Room**