














Group Exercise Schedule 2017

Spinning Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:05  Rogerick	5:05  Robbi	5:05  Rogerick	5:05  Casey/Joey	5:05  David	
					8:15  Rotation
8:35  Angie		8:35  Cammie		8:35  Angie	
4:45  Shellie					
5:45  David	5:30  Lacey	5:45  Lindsay			