THERAPY POOL SCHEDULE								
August 1st, 2021 to Current								
Time:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Therapy Pool Use Guidelines:
4:30 AM 5:00 AM 5:30 AM 6:00 AM	-							The Therapy Pool is closed to members and guests while any Group Exercise or Group Swim Lesson class occurs. Private lessons by Healthplex Swim Instructors are allowed with Group Ex Instructor permission.
6:30 AM								Color Key:
7:00 AM								Indicates open use times
7:30 AM								Indicates open use times.
8:00 AM								Indicates a Group Exercise
8:30 AM								Aquatic Class.
9:00 AM 9:30 AM								Indicates a Group Swim Lesson Class
10:00 AM	AquaFit 9:30- 10:30							Indicates hours the Facility is
10:30 AM		AquaFit 10:30-	AquaFit 10:30-	AquaFit 10:30-	Arthritic Water			closed.
11:00 AM		11:30	11:30	11:30	10:30-11:30			Please Note:
11:30 AM 12 - NOON								Lifeguards are available on weekdays from 8a- Close and Open-Close on the weekends.
12 - NOON 12:30 PM								
1:00 PM								These are the scheduled times the Therapy Pool will be open and closed to members. At times, certain
1:30 PM								areas of the pool or the whole pool may be closed
2:00 PM								due to cleaning, programming, maintenance, staffing and circumstances beyond our control.
2:30 PM								
3:00 PM	-							Management reserves the right to alter the pool
3:30 PM								schedule when it is deemed necessary.
4:00 PM 4:30 PM								Children and Adults, who are not toilet trained, need
4:30 PM		PSA Group		PSA Group				to wear a disposable or reuseable swim diaper.
5:30 PM	AguaFit 5:45-6:	LTSBA Group	-	LTSBA Group				Members ages 15 years and younger are
6:00 PM	45	PCA Group						welcome to swim in the therapy pool but only
6:30 PM		Adult Group		Adult Group				with direct parental supervision. Children 6 and under must be within arms reach of parent at all
7:00 PM								times.
7:30 PM								Private swim lessons are able to be scheduled anytime the facility is open at the convenience of the
8:00 PM								participant. Please be respectful as they are learning
8:30 PM								a life saving skill.
9:00 PM								Pools close 15 minutes prior to facility close.