

## THERAPY POOL SCHEDULE

Current from November 15th, 2021

Time:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Therapy Pool Use Guidelines:
4:30 AM								<p>The Therapy Pool is closed to members and guests while any Group Exercise or Group Swim Lesson class occurs. Private lessons by Healthplex Swim Instructors are allowed with Group Ex Instructor permission.</p> <p><b>Color Key:</b></p> <p><span style="background-color: #e0e0e0; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Indicates open use times.</p> <p><span style="background-color: #ffff00; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Indicates a Group Exercise Aquatic Class.</p> <p><span style="background-color: #e0e0e0; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Indicates a Group Swim Lesson Class</p> <p><span style="background-color: #333333; border: 1px solid black; display: inline-block; width: 20px; height: 10px;"></span> Indicates hours the Facility is closed.</p> <p><b>Please Note:</b></p> <p><b>Lifeguards are available on weekdays from 8a-Close and Open-Close on the weekends.</b></p> <p>These are the scheduled times the Therapy Pool will be open and closed to members. At times, certain areas of the pool or the whole pool may be closed due to cleaning, programming, maintenance, staffing and circumstances beyond our control.</p> <p>Management reserves the right to alter the pool schedule when it is deemed necessary.</p> <p>Children and Adults, who are not toilet trained, need to wear a disposable or reuseable swim diaper.</p> <p><b>Members ages 15 years and younger are welcome to swim in the therapy pool but only with direct parental supervision. Children 6 and under must be within arms reach of parent at all times.</b></p> <p>Private swim lessons are able to be scheduled anytime the facility is open at the convenience of the participant. Please be respectful as they are learning a life saving skill.</p> <p><b>Pools close 15 minutes prior to facility close.</b></p>
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5:30 AM								
6:00 AM								
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9:00 AM								
9:30 AM	AquaFit 9:30-10:30					Aqua Rotation 9:30-10:30		
10:00 AM								
10:30 AM		AquaFit 10:30-11:30	AquaFit 10:30-11:30	AquaFit 10:30-11:30	Arthritic Water 10:30-11:30			
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5:30 PM	AquaFit 5:15-5:45	LTSBA Group		LTSBA Group				
6:00 PM		PCA Group						
6:30 PM		Adult Group						
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