

Therapy Pool Schedule

Start Time: 4:30 AM Time Interval: 60 (in minutes)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30 AM	Pool Opens at 4:30 AM						
5:30 AM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM		
6:30 AM							
7:30 AM							
8:30 AM						GROUP SWIM LESSONS 8 AM - 9:00 AM	
9:30 AM	AQUA FIT 9:30 AM - 10:30 AM					AQUA ROTATION 9:30 AM-10:30 AM	
10:30 AM		AQUA FIT 10:30 AM - 11:30 AM	AQUA FIT 10:30 AM - 11:30 AM	AQUA FIT 10:30 AM - 11:30 AM	ARTHRITIC WATER 10:30 AM - 11:30 AM	OPEN	Pool Opens at 10:00 AM 6 Lanes Available
11:30 AM							
12:30 PM	OPEN	OPEN	OPEN	OPEN			
1:30 PM							
2:30 PM							
3:30 PM							
4:30 PM						Pool Closes at 4:45 PM	Pool Closes at 4:45 PM
5:30 PM	AQUA FIT 5:45 PM - 6:45 AM	GROUP SWIM LESSONS 5 PM - 7:00 PM		GROUP SWIM LESSONS 5 PM-6:00 PM			
6:30 PM							
7:30 PM	Pool Closes at 8:45 PM						

Open/Adult Swim Only Color Code

Open/Family Swim Color Code

*Please be respectful of Private Swim Lessons

