

Therapy Pool Schedule

Start Time: 4:30 AM Time Interval: 60 (in minutes)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30 AM	Pool Opens at 4:30 AM						
5:30 AM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM	OPEN - ADULT SWIM ONLY UNTIL 12 PM		
6:30 AM							
7:30 AM						Pool Opens at 7:00 AM 6 Lanes Available	
8:30 AM							
9:30 AM	AQUA FIT 9:30 AM - 10:30 AM					AQUA ROTATION 9:30 AM - 10:30 AM	
10:30 AM			AQUA FIT 10:30 AM - 11:30 AM		Arthritic Water 10:30 AM - 11:30 AM	OPEN	Pool Opens at 10:00 AM 6 Lanes Available
11:30 AM							
12:30 PM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
1:30 PM							
2:30 PM							
3:30 PM							
4:30 PM						Pool Closes at 4:45 PM	Pool Closes at 4:45 PM
5:30 PM							
6:30 PM		Parent/Child Aquatics 6:30 PM-7:00 PM					
7:30 PM	Pool Closes at 8:45 PM						

Open/Adult Swim Only Color Code

Open/Family Swim Color Code

*Please be respectful of Private Swim Lessons

