

WHOLE BODY CRYOTHERAPY AND SPOT CRYOTHERAPY

- Skin senses cold temperature and signals brain to go into “fight or flight” mode
- In order for your body to maintain core temp, blood rushes to core where all your organs are located. This results in your body burning 600-800 calories
- In response, the body releases endorphins, thus increasing your energy and metabolism
- Increased blood circulation enriches the blood with nutrients and oxygen, which will reduce inflammation and pain
- Benefits:
 - Long term increased metabolism, increasing performance levels
 - Elevates mood, reduces anxiety and depression
 - Relieves insomnia
 - Enhances blood flow
 - Increased lymphatic system drainage
 - Fat cell detoxification
 - Reduces inflammation
 - Decreases muscle soreness
 - Decrease chronic pain and fatigue
- Improves arthritis, auto-immune disorders, chronic fatigue syndrome, Lyme disease, fibromyalgia, bursitis, tendonitis, joint inflammation, insomnia, depression + mood disorders, hormonal imbalances, skin disorders (psoriasis and acne)

(CONTRAINDICATIONS- HYPERTENSION, BREATHING DISORDERS, WEAK HEART OR BLOOD VESSELS, COLD SENSITIVITIES, SEVERE ANXIETY, UNCONTROLLED SEIZURES, CANCERS OR TUMORS, CARDIOVASCULAR DISORDERS AND RECENT CARDIOVASCULAR SURGERIES, CEREBRAL PALSY, ACUTE INFECTIONS, BLEEDING DISORDERS, COLD ALLERGIES, FEVER) *DO NOT PUT PATIENTS AT MAX TEMP *AGE RESTRICTION 12 YEARS OLD *HEIGHT RESTRICTION

NORMATEC COMPRESSION BOOTS

- Increased blood flow and lymphatic drainage
- Reduced muscle soreness
- Relaxes muscles, increasing your flexibility and range of motion
- Helps the body recover faster
- Reduced swelling, inflammation and fluid accumulation
- Increases range of motion
- Eliminated first-stage varicose veins
- Compression goes from distal to proximal, which will help push the fluid back to the heart.

(CONTRAINDICATIONS - CURRENT OR UNSTABLE FRACTURES/BREAKS, RECENT SURGERY AND HAVE SUTURES/STITCHES, OPEN WOUNDS, CONTUSIONS, ABRASIONS, SUSPECT OR KNOWN ACUTE DEEP VEIN THROMBOSIS (DVT) (BLOOD CLOT), SEVERE ATHEROSCLEROSIS (DISEASE OF THE ARTERIES)/ISCHEMIC VASCULAR DISEASE (IVD), SEVERE CONGESTIVE CARDIAC FAILURE (CHF), EXISTING PULMONARY EDEMA (HAVING EXCESS FLUID IN THE LUNGS), EXISTING PULMONARY EMBOLISM (BLOOD CLOT IN THE LUNGS), EXTREME DEFORMITY OF THE LIMBS, ANY LOCAL SKIN CONDITIONS SUCH AS GANGRENE, UNTREATED OR INFECTED WOUNDS, RECENT SKIN GRAFT, OR DERMATITIS, KNOWN PRESENCE OF MALIGNANCY IN THE LEGS OR ARMS, LIMB INFECTIONS, INCLUDING CELLULITIS THAT HAVE NOT BEEN TREATED, PRESENCE OF LYMPHANGIOSARCOMA (A RARE CANCER DUE TO LONG-STANDING LYMPHEDEMA OF THE UPPER/LOWER EXTREMITIES))

CELLUMA

- Anti-aging therapy
 - Reduces the appearance of fine lines and wrinkles
 - Increased skin texture, quality, and smoothness
 - Wavelengths that are scientifically proven to stimulate fibroblasts to increase collagen and elastin
 - Celluma's low-level light therapy is a safe, effective, and convenient way to achieve a healthy, youthful glow in a natural, non-toxic, non-invasive way.
- Acne therapy
 - Destroys acne-causing bacteria- not only clearing up existing blemishes, but preventing future breakouts before they happen
 - Clearer, smoother, more radiant complexion
- Pain and wound management
 - Relieves arthritic pain, muscle and joint pain, and stiffness. Its powerful, deeply penetrating wavelengths are absorbed and increases the production of adenosine triphosphate (ATP)- the fuel that drives all cells.
 - Helps to alleviate:
 - Arthritis
 - Muscle spasm
 - Muscle and joint pain
 - Muscle tissue tension
 - Joint and muscle stiffness
 - Diminished local circulation
 - Post-surgical healing

(CONTRAINDICATIONS - PREGNANT OR BREASTFEEDING, SUFFER FROM SEIZURES OR EPILEPSY, TAKING CORTISONE INJECTIONS OR ANY STEROID INJECTIONS, TAKING ANY PHOTOSENSITIVE DRUGS.)

CRYOSKIN 2.0

- The treatment will help destroy fat cells by going from hot to cold, which will produce thermal shock of the fat cells
- Increased metabolism
- Increased weight loss
- Lose inches
- Collagen production
- Cellulite reduction
- Tightens, firms, and lifts skin
- Non-Invasive
- CryoSlimming - Lose fat – Treatments must be done two weeks apart
- CryoToning – removes cellulite, smooths, and tightens pores and skin, diminishes the appearance of fine lines and wrinkles – Treatments can be performed weekly
- CryoFacial – antiaging, diminishes the appearance of fine lines and wrinkles, dramatically shrinks pores, and lifts and tightens the skin - Treatments can be performed weekly.

(CONTRAINDICATIONS – INDIVIDUALS WITH RAYNAUD'S SYNDROME, ALLERGIES TO COLD, PREGNANT WOMEN, WOMEN WHO ARE BREASTFEEDING, DIABETES, AND CANCER SHOULD NOT RECEIVE CRYOSKIN 2.0 TREATMENTS. FOR FACIAL CRYOSKIN 2.0 MUST RESPECT THE WAITING PERIOD IF THE CLIENT USES BOTOX OR FILLERS. BOTOX: MINIMUM ONE MONTH. FILLERS: MINIMUM THREE.)

IV THERAPY

- Increases energy
- Overall sense of well-being
- Improves sports performance
- Enhanced immune support
- Improves healing and recovery from sports wear and tear, cosmetic procedures, and surgery
- Stress relief
- Hydration

- Improve mental clarity and cognitive function.
- Reduce the symptoms of migraines.
- Improve symptoms of asthma.
- Improve anxiety.
- Improve immune health.

- Boost energy levels.
- Improve symptoms of depression.

(CONTRAINDICATIONS – PATIENTS WITH ALLERGIES TO ANY OF THE COMPONENTS OR PATIENTS WITH MODERATE TO SEVERE KIDNEY DISEASE ARE NOT CANDIDATES FOR THIS TREATMENT. EXPECTANT MOTHERS ARE ALSO IN THE FEW PATIENTS WHERE IV VITAMIN THERAPY IS CONTRAINDICATED.)